




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, 1-800-370-5792 or visit www.blueadvantagearkansas.com. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-800-370-5792 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$750 individual / \$1,500 family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible?	Yes. Supplemental Accident Expenses, prescription drug coverage and In-Network: Preventive care , primary care services and diabetes self-management training are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles or specific services.
What is the out-of-pocket limit for this plan?	In-Network providers \$2,750 individual / \$5,500 family Out-of-network providers \$16,000 individual / \$32,000 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums , balance-billing charges, deductible , Out-of-Network charges: for weight loss surgery, home health care and durable medical equipment , precertification penalties, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a network provider ?	Yes. See www.blueadvantagearkansas.com or call 1-800-370-5792 for a list of network providers .	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see a specialist without a referral .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$ 35 copay ; deductible does not apply	40% coinsurance	—————none—————
	Specialist visit	20% coinsurance	40% coinsurance	—————none—————
	Preventive care/screening/immunization	No charge	20% coinsurance	At all times this plan will comply with the Patient Protection and Affordable Care Act. The list of services included as standard preventive care may change from time to time depending upon government guidelines. You may have to pay for services that aren't preventive . Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	Primary Care Provider billed in the office: \$35 copay per encounter All other Providers: 20% coinsurance	40% coinsurance	—————none—————

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.blueadvantagearkansas.com.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	—————none—————
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.blueadvantagearkansas.com .	Generic drugs	\$15 copay	Not covered	Copay amounts apply to a 34-day supply from an In-Network pharmacy.
	Preferred brand drugs	\$45 copay	Not covered	
	Non-preferred brand drugs	\$65 copay	Not covered	
	Specialty drugs	Enrollment in the PrudentRx Copay Program: No charge Specialty drugs not available under the PrudentRx Copay Program: 10% coinsurance up to a maximum of \$165	Not covered	Members who opt out of the PrudentRx Copay Program are subject to 30% coinsurance . Coverage of Specialty drugs is limited to a 30-day supply per fill. Specialty drugs must be purchased through the CVS Specialty Pharmacy Network or as directed from PrudentRx Copay Program. Further information regarding the PrudentRx Copay Program is available at 1-800-578-4403.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	Out-of-Network ambulatory surgery limited to \$500 of allowable charges.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	—————none—————
If you need immediate medical attention	Emergency room care	True Emergency: 20% coinsurance Non-Emergency: Not covered	True Emergency: 20% coinsurance Non-Emergency: Not covered	—————none—————
	Emergency medical transportation	20% coinsurance	20% coinsurance	Coverage limited to ground and water to \$1,000 per trip. Air ambulance coverage limited to \$10,000 per trip.
	Urgent care	True Emergency and Non-Emergency 20% coinsurance	True Emergency: 20% coinsurance Non-Emergency: 40% coinsurance	—————none—————

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	The covered person is responsible for obtaining precertification for all out-of-network provider inpatient admission.
	Physician/surgeon fees	20% coinsurance	40% coinsurance	—————none—————
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% coinsurance	40% coinsurance	—————none—————
	Inpatient services	20% coinsurance	40% coinsurance	The covered person is responsible for obtaining precertification for all out-of-network provider inpatient admission.
If you are pregnant	Office visits	20% coinsurance	40% coinsurance	Cost sharing does not apply to certain preventive services . Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Routine obstetrical ultrasounds are limited to one per pregnancy.
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	—————none—————
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	—————none—————
If you need help recovering or have other special health needs	Home health care	20% coinsurance	40% coinsurance Does not apply to Out-of-Pocket limit .	Home health care is limited to 40 visits per calendar year.
	Rehabilitation services	Occupational, Speech, And Physical Therapy billed in office: \$35 copay deductible waived All other locations: 20% coinsurance	40% coinsurance	Coverage limited to 30 visits each per calendar year combined with Chiropractic, Occupational Therapy and Physical Therapy. Speech Therapy limited to 25 visits per calendar year.
	Habilitation services	Not covered	Not covered	Not covered.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Skilled nursing care	20% coinsurance	40% coinsurance	Skilled nursing care is limited to 30 days per calendar year.
	Durable medical equipment	20% coinsurance	40% coinsurance Does not apply to Out-of-Pocket limit .	—————none—————
	Hospice services	20% coinsurance	40% coinsurance	—————none—————
If your child needs dental or eye care	Children's eye exam	Routine exam age six and under: no charge.	Routine exam age six and under: 20% coinsurance	Additional services may be available under a separate vision benefit plan .
	Children's glasses	Not covered	Not covered	No coverage for glasses under the Medical Benefit Plan . Additional services may be available under a separate vision benefit plan .
	Children's dental check-up	Not covered	Not covered	No coverage for dental check-ups under Medical Benefit Plan . No coverage for dental check-ups under Medical Benefit Plan . Additional services may be available under a separate dental benefit plan .

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

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|--------------------|--|---------------------|
| • Acupuncture | • Habilitation services | • Routine eye |
| • Cosmetic surgery | • Long-term care | • Routine foot care |
| • Dental care | • Non-emergency care when traveling outside the U.S. | |

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

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| • Bariatric surgery (coverage limited to \$4,000 for surgical services.) | • Hearing aids (limited to one per ear every three years.) | • Private-duty nursing (when combined with home health services.) |
| • Chiropractic care (coverage limited to 30 visits combined with Occupation, Physical, and Speech Therapy services.) | • Infertility treatment | • Weight loss programs |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: [insert plan administrator contact information].

Does this plan provide Minimum Essential Coverage? Yes.

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-370-5792.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-370-5792.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-370-5792.

Navajo (Dine): Dine'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-370-5792.

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$750
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$750
Copayments	\$10
Coinsurance	\$2,100
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$2,920

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$750
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$750
Copayments	\$600
Coinsurance	\$70
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,440

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$750
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$750
Copayments	\$10
Coinsurance	\$400
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,160

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.